



“SURVIVAL
CAMP “

the gorge under Vøringsfossen

LIONS CAMP
HARDANGERVIDDA
NORWAY



Tråastølen



Tråastølen



Common nature, challenges and future - **shared joy**

Lions foremost goal is to create a greater understanding between humans and nations by promoting better insight in issues that have significant impact.

Youths of the world represents the future of humanity. Nature gives us the resources for survival.

Lions Norway will unite youth and nature in the beautiful Hardangervidda, a treasured national park that offers close encounters with nature and weather in a scenic, yet fragile environment.

Our goal is that participants will experience the joy of the outdoors while building respect for the nature that our survival depends upon.

Participants must be fit to live in the mountains without technological aids, to hike with a backpack, sleep in tents, and cooperate on practical tasks in English.

Contact

If you have any questions regarding this camp, please contact Camp Director Henning Ytterstad.

E-mail:

director.camphardangervidda@gmail.com

Phone: +47 905 42 442

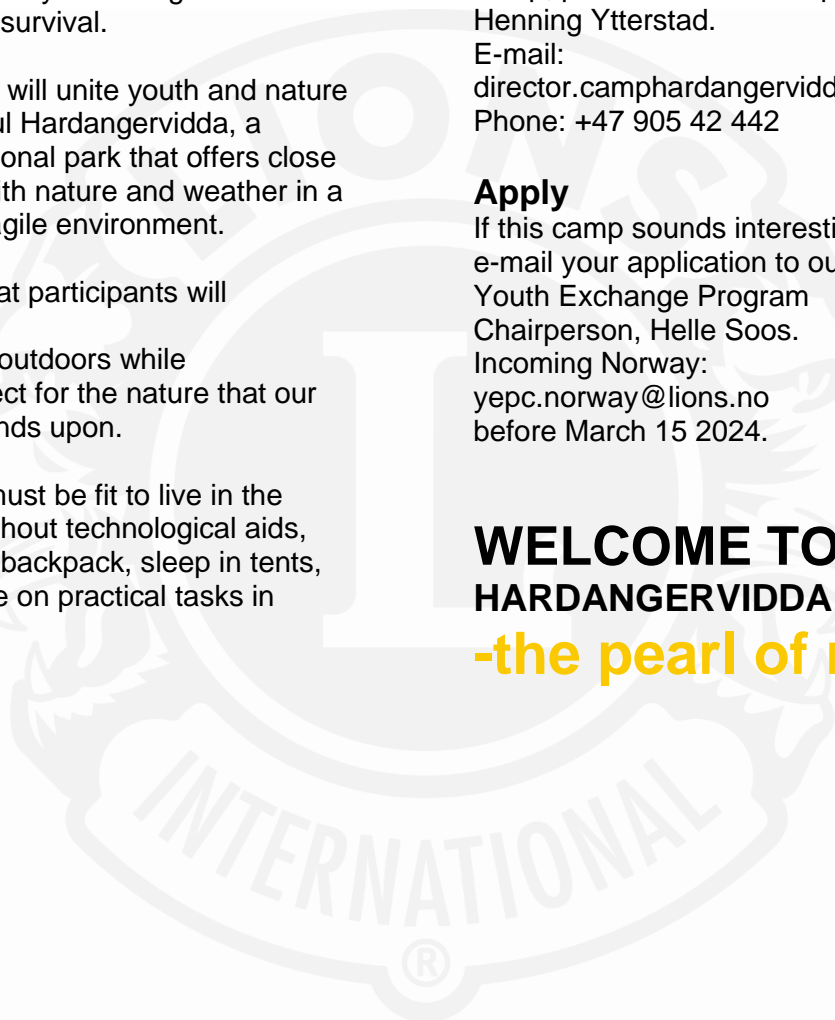
Apply

If this camp sounds interesting, please e-mail your application to our Youth Exchange Program Chairperson, Helle Soos. Incoming Norway: yepc.norway@lions.no before March 15 2024.



WELCOME TO HARDANGERVIDDA

-the pearl of nature!





overnight stay in Lavvoo on Hardangervidda

General information

Arrival: July 22, **0800am-0300pm**
Departure: August 03, **after 0300pm**
Host family: no host family stay
Camp period: July 22– August 03
Location: The camp will be held at Tråastølen, Hardangervidda
Age Limit: 18 – 23 years
Camp capacity: 15
Sex: male/female mix
Language: English
No camp fee

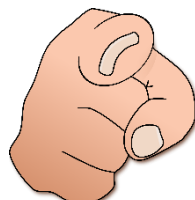
NO INTERNET

Program/activities

We will visit places explorers have used as training fields. All activities are outdoors. All participants will receive further information about how to dress and what to bring in order to enjoy the mountain life for two weeks. We are visiting a nearby city for sightseeing where you can buy local souvenir. You must be able to manage a hike for up to 6-8 hours in all type of weather, warm and cold, dry and wet.

Practical information

If you are adventurous and loves the nature and fresh air, this is the camp for you!





Some of the things we do at **-camp Hardangervidda**

- Practical map and compass, orientation
- Hike to Vøringsfossen
- Visiting local lions clubs
- Fishing and setting fishingnets
- Spend the night in lavvoo
- Hike to Kjeldebu
- Hike to Krossdalen
- Sightseeing local attractions
- Shopping at local souvenir store

A graphic for the MD 104 Norway Youth Camp Exchange Program. It features a large, stylized Norwegian flag (red, white, and blue) on the left. In the top right corner is the Lions International logo. The text 'MD 104 NORWAY' is prominently displayed in the center. Below it, 'YOUTH CAMP EXCHANGE PROGRAM' is written in a smaller font. At the bottom left is a logo showing four stylized figures holding hands around a globe with the Lions International logo. At the bottom right is the quote: "Think with your heart and act with your brain".

**MD 104
NORWAY**

**YOUTH
CAMP
EXCHANGE
PROGRAM**

*"Think with your heart
and act with your brain"*